

Dear Athletes and Coaches:

The San Diego VA Medical Center and the National Programs and Special Events Office invites you to participate in the 2019 National Veterans Summer Sports Clinic. This event will promote the value of rehabilitation utilizing a variety of summer leisure activities and adaptive sports. The mission of this innovative program is to provide a training ground for both veterans and health care providers in exciting outdoor summer sports. Our overall objective is to instill the value of these types of leisure pursuits as a viable means to aid in community re-entry and adjustment. Developing these skills veterans and therapists will be able to return home and implement a treatment plan emphasizing similar experiences on a regular basis. As part of VA's continued commitment to veterans we are offering this program as a method to educate and build a strong foundation which will further each veterans' dedication to their overall rehabilitation, health, and pursuit of a rewarding lifestyle.

What:

A VA rehabilitative event offering adaptive sailing, kayaking, cycling, surfing, archery and pickleball. Included will be educational sessions that will reinforce your commitment to a healthier lifestyle.

When:

September 15 - 20, 2019. Registration will take place Sunday, September 15, 2019 at the Wyndham Bayside Hotel from 8:00 am – Noon in the Pacific Ball Room. Closing Ceremonies will be held Friday evening, September 20, 2019.

Where:

In the heart of downtown San Diego, California.

Who:

Participation is open to U.S. military service Veterans with spinal cord injuries, orthopedic amputation, visual impairments, certain neurological problems, PTSD, burns, and TBI/Poly Trauma injuries incurred in the last six years or to those who meet the qualifications and have not participated in any other National Program. All disabilities are subject to review by the Summer Sports Clinic medical director and program director. Their decisions are final.

Special note for all participants:

All participants are expected to possess good mobility and independent living skills. You will be expected to join in on all scheduled events. We look forward to having you as a participant, experiencing the unique and exciting challenges of this special event.

How:

Eligible veterans can apply by completing the enclosed application. If your application is not filled out completely and properly signed, your registration will not be accepted and will be sent back to you. Your application will then need to be resubmitted. All applications and forms must be submitted to:

National Veterans Summer Sports
Clinic VAMC (NVSSC- 00SSC)
3350 La Jolla Village Drive
San Diego, CA 92161

Note: Registration deadline is May 1, 2019
Applications may be; Mailed or
Scanned to Analisa.Enoch@va.gov
or Faxed :858-642-6406

Activities:

The five-day clinic will consist of sailing lessons, cycling, kayaking, surfing, archery and pickleball.

Qualified staff and sailing instructors will provide event instruction.

Medical Care:

Each participant must have a physician complete and sign the enclosed General Medical/Physical Exam form. If the General Medical/Physical Exam form is not filled out completely and properly signed, your registration will not be accepted and will be sent back to you. There will not be any exceptions to this policy.

In addition to these forms there is additional medical information that is required.

Supportive Health Care Needs:

Medical care supervision will be provided throughout the event. Support personnel must accompany all participants requiring daily supportive care or assistance in activities of daily living. Nursing care for ADLs such as bathing, showering, and catheter care is not planned.

We recommend that if you anticipate needing personal equipment or supplies such as catheters, leg bags, irrigating solutions, etc., plan to bring these items with you or arrange for them through a local pharmacy.

Cost – Participants, Coaches and Support Staff:

All information regarding expenses (hotel, lodging and meals) will be included in your acceptance packet once you have been cleared to attend.

To avoid confusion do not make any travel plans until you have been accepted and received an acceptance packet with event details regarding your lodging, flights and meals.

Please Remember:

- Bring with you all necessary medications that you will require;
- Submit your completed application and forms no later than May 1, 2019
- Please double check to make sure you have all the medical information the application requires in addition to the two medical pages enclosed.

Please Note: After you have been accepted to the 2019 National Veterans Summer Sports Clinic you will receive information regarding flights, lodging and any additional event specifics.

2019 NATIONAL VETERANS SUMMER SPORTS CLINIC



San Diego

September 15 – September 20, 2019
San Diego, California

Application Packet