



National Veterans Golden Age Games

AIR PISTOL

INSTRUCTIONS TO ATHLETES & RULES

Competition numbers must be worn.

1. You may not be assisted or coached in the competition area.
2. Shooting Course will be 10 meters (33 feet).
3. The targets will be positioned in such a manner that they are at least 4 feet off of the ground/floor.
4. The course will be adequate lighted with limited entrance and exit.
5. Shooters will shoot 20 shots per record, totaling a possible score of 200.
6. Each competitor's total score will be tabulated after the remaining rounds are fired.
7. Neither the grip nor any part of the pistol may be extended or constructed in any way that would allow it to touch beyond the hand. The wrist must remain visibly free when the pistol is held in the normal firing position.
8. Bracelets, wristwatches, wristbands, or similar items are prohibited on the hand and arm that holds the pistol;
9. Adjustable grips are permitted providing that when they are adjusted for the athlete's hand they conform to these Rules. Grip adjustments are subject to random Equipment Control checks to ensure that they conform with these.
10. In the case of upper limb deficiency athletes: it is permitted to hold the pistol with a normal prosthesis, as long as the prosthesis does not grip the pistol and does not have a fixed elbow.
11. Athletes must be able to load their own pistol.
12. There must be clearly no contact between athlete and back-support when firing.
13. Only one hand must support the pistol. Each competitor must support the air pistol with no support from the firing table. The chest and/or abdomen must also be free of the table.
14. All competitors, assistants, and accompanying personnel who will be in the immediate vicinity of the range complex are required to wear shatterproof shooting glasses or similar eye

protection while shooting is in progress. Corrective lenses or eyeglasses, and/or filters or tinted lenses, may be worn by the athlete. Clear lenses are best, but amber, yellow, or gray is acceptable.

15. **EYE PROTECTION WILL BE PROVIDED AND MUST BE WORN!**

16. Medals will be awarded based on age divisions and gender.

17. Medals will be awarded to the first, second, and third place finishers, ribbons will be awarded 4th-8th place finishers.

18. Resolving ties: competitors who tie will be awarded duplicate Medals.