



National Veterans Golden Age Games

AIR RIFLE

INSTRUCTIONS TO ATHLETES & RULES

Competition numbers must be worn.

1. You may not be assisted or coached in the competition area.
2. Shooting Course will be 10 meters (33 feet)
3. The targets will be positioned in such a manner that they are at least 4 feet off of the ground/floor.
4. The course will be adequate lighted with limited entrance and exit.
5. Shooters will have 30 minutes to shoot unlimited sighters and 20 shots per record, totaling a possible score of 200 points.
6. Each competitor's total score will be tabulated after the remaining rounds are fired. The best scores out of the 20 shots will be tabulated for a total possible score of 200.
7. Each competitor must support the rifle with both elbows resting on the stationary-firing table. The chest and/or abdomen may also rest on the table.
8. All competitors, assistants, and accompanying personnel who will be in the immediate vicinity of the range complex are required to wear shatterproof shooting glasses or similar eye protection while shooting is in progress. Clear lenses are best, but amber, yellow, or gray is acceptable.
9. **EYE PROTECTION WILL BE PROVIDED AND MUST BE WORN!**
10. Medals will be awarded based on age divisions.
11. Awards will be presented for 1st through 3rd medals and 4th – 6th ribbons.
12. Resolving ties: competitors who tie will be awarded duplicate medals